HERCULES WIMBLEDON AC INTER-CLUB CROSS COUNTRY Wimbledon Common December 13, 2014

The above match took place on Wimbledon Common in bright sunshine. The full result is below. Although the weather was cold, conditions under foot were muddy, which made it difficult for those not wearing spikes. Hercules AC packed well to win the match; the Milos team are congratulated in having 3 runners all scoring in the first 10 places among a strong field of competitors. Particular congratulations are due to Francis Pearce who came third in his first race for Milocarian AC; this was an excellent performance. It was also an encouraging team performance with several runners showing good pace. Milos were well supported by Milocarian AC President, General Keith Spacie and Colonel Peter French, Milocarian Secretary during the 1960s.

Tom Rann is congratulated on being selected by ASICS and Running World Magazine to take part in the Paris Marathon in April 2015. This selection was based on a boot camp that took place in Birmingham earlier in the year. The support provided by Milocarian AC is much appreciated. Tom was selected from the fastest pool of potential sub 3 hr runners.



Seniors (5 miles)

	•	•		
1	116	Jonathan Cornish	Hercules Wimbledon	28.35
2	118	Phil Glynn	Hercules Wimbledon	29.42
3	148	Francis Pearce	Milocarians	30.25
4	142	Barnaby Woods	Hercules Wimbledon	30.35
5	143	George Longworth	Hercules Wimbledon	30.37
6	145	Tom Rann	Milocarians	31.08
7	128	Peter Lee	Hercules Wimbledon	32.46
8	138	David Scrimshaw	Hercules Wimbledon	32.49
9	146	Rory Jordan	Milocarians	33.43

40	407	0.		0.4.00
10	107	Simon Bodle	Hercules Wimbledon	34.03
11	124	Paul Lemmon	Hercules Wimbledon	34.17
12	135	Todd Ledwith	Milocarians	34.19
13	137	Felix Allen	Hercules Wimbledon	34.21
14	139	Charles Hampden-Smith	Hercules Wimbledon	34.26
15	134	Felix Keating	Milocarians	34.44
16	131	Lisa Thomas (F)	Hercules Wimbledon	35.14
17	117	Gina Galbraith (F)	Hercules Wimbledon	35.15
18	99	Peter Metcalf	Wimbledon Windmilers	35.17
19	147	Paul Galgey	Milocarians	35.48
20	85	Frank Wood	Hercules Wimbledon	35.59
21	140	Norman Urquia	Wimbledon Windmilers	36.42
22	123	Stephanie Robson (F)	Hercules Wimbledon	36.43
23	150	Mark Cahill	Hercules Wimbledon	36.51
24	129	Francesca Clarke (F)	Hercules Wimbledon	37.04
25	79	Zoe Illis (F)	Hercules Wimbledon	39.05
26	75	Peter Crowhurst	Veterans AC	39.06
27	132	Jo Wood (F)	Milocarians	39.42
28	120	Noreen Burke (F)	Hercules Wimbledon	39.47
29	26	Maurice SharpHercules	Wimbledon	39.55
30	127	Carol Jones (F)	Veterans AC	40.41
31	74	Tony Austin	Hercules Wimbledon	41.06
32	115	Paddy Clarke	Veterans AC	41.29
33	133	Neil Wood	Milocarians	42.46
34	161	David Orchard	Hercules Wimbledon	44.01
35	126	Charles Lawrie	Hercules Wimbledon	44.01
36	149	Dennis Williams	Hercules Wimbledon	44.25
37	119	Caroline Glynn (F)	Hercules Wimbledon	44.57
38	125	Rowena Hornshaw (F)	Hercules Wimbledon	45.09
39	97	Phil Tosh	Wimbledon Windmilers	46.48

Team result (6-to-score)

1	Hercules Wimbledon	1, 2, 4, 5, 7, 8	27
2	Milocarians	3, 6, 9, 12. 15. 19	64