

Hello Milos,

Thames Hound and Harriers Athletic Club hosted Milocarian AC in a cross country running match on Sunday 14th Feb over a five-and-a-half-mile course. The course was run in fine but very muddy conditions; those who wore spikes certainly benefited. With an early start of 0930 hrs the leading pack started strongly for a keenly contested event. Francis Pearce and Nick Bennett are congratulated on being placed second and third respectively. With six runners counting the result was very close indeed with TH&H AC winning the match by just two points. The full result, of individuals and team, with photographs, can be seen on the Milocarian AC web site. We were delighted to have the support of four runners of ULOTC. Three of the runners, OCdts Beth Belin, Katie Patterson and Emily Raison were running with Milocarian AC for the first time. It was also good to have Jamie Kelly running with us again having recovered from a rugby injury. After the match we were entertained to refreshments in the TH&H AC Club House. We look forward to our next match with TH&H AC at RMAS in October. Well done to all our runners who all gave very spirited performances.

Our next match is the on the 5th March 2016 in Richmond Park, hosted by Ranelagh AC, starting at 1430 hrs over a 5.5-mile course. This is for the Ellis Trophy (men) and Dysart Trophy (ladies) and is the main match of the season. We are keen to have our strongest possible two teams running in this match. Please make a special note of this event. I will issue an instruction nearer the date.

Keep Running!

Paul French

Thames Hare & Hounds 'Second Sunday 5'

Wimbledon Common Sunday 14th February 2016

Result

1	Matthew Jones	M	THH	30:41
2	Francis Pearce	M	Milos	31:52
3	Nick Bennett	M	Milos	32:26
4	Will Cockerell	M	THH	32:32
5	David Symons	M	THH	33:00
6	Nick Wood	M	Milos	33:14
7	Alex Mackula	M	THH	34:15
8	James Kelly	M	Milos	35:39
9	Josh Pewter	M		37:13
10	George Coward	M	Milos	38:09
11	Katerina Tanti	F	C Tri	39:20
12	Matthew Ostrowski	M	Striders	39:35
13	Jonathan Barnett	M	THH	40:48
14	Mark Bridge	M		41:00
15	Vikki Filsell	F	THH	41:05
16	Tony Ostrowski	M	Striders	42:39
17	Walid Fawaz	M	THH	43:50
18	Beth Belin	F	Milos	44:20
19	Hugh Shields	M	THH	48:10
20	Jeremy Denny	M	THH	49:30
21	Jevgenijs Petrovs	M	Serpies	49:57
22	Jelena Lapina	F		49:57
23	Katie McPhillimy	F		54:29
24	Emily Raison	F	Milos	54:31
25	Katie Pattison	F	Milos	55:32
26	Fabio Rosa	M		63:15
27	Harris Georgakakis	M		63:15

Teams (with 6 to count)

1	Thames Hare & Hounds	1, 4, 5, 7, 13, 15 = 45
2	Milocarian AC	2, 3, 6, 8, 10, 18 = 47

Some photographs from the race below:



Beth Belin



Emily Raison



Nick Bennett



Nick Wood



James Kelly



Emily Raison

Photographs above come from the Thames Hare & Hounds 'Facebook' page



The Start



Nick Bennett



James Kelly



ULOTC Team: OCdts Katie Patterson, George Coward, Beth Belin, Emily Raison
Above 4 photographs taken by Paul French