The 2016 Achilles Relays

The 2016 Achilles Schools' Relays were held at The Sir Roger Bannister Track - the old Iffley Road track, where Sir Roger broke the 4 minute mile - on 5 May 2016.

The Achilles Club was formed in 1920 by and for past and present members of the Oxford and Cambridge University Athletic Clubs and it has been a powerful presence in British athletics ever since, on the track and in the administration of the sport.

The annual schools' relays were started in 1963 and have attracted an increasing field of independent schools ever since. The meeting's attraction is a wide range of events, many rarely run, such as the 3x800m and 4x800m relays and opportunities for all senior school age groups, male and female, to compete. This year 31 teams representing 26 schools took part.

The weather was good and the standard of performance consistently high. Historic rivalries between Eton, Harrow and Rugby were renewed and Millfield, for all its sporting heritage, did not have everything its own way. The teams competed for trophies dripping with historic significance, The Lord Burghley Trophy – incidentally, he was a Milocarian – The Harold Abrahams Trophy, The Christopher Chataway Trophy and among others, The Milocarian AC Trophy.

The Milocarian AC Trophy is presented for the best team performance in the girls' meeting and was won by the Millfield 3x800m open relay team which led from the front in great style and smashed the meeting record. The chairman, Milocarian AC made the presentation.