

Kingston & Poly AC v Milocarian AC
Richmond Park Saturday 24th November 2018

Milocarian AC ran against Kingston & Poly AC on an undulating two circuit course of seven miles. Conditions, though over cast, were good for running. Ady Whitwam of Milocarian ACs went to the front from the start to run strongly to win by a convincing margin. Tom Rann of Milocarian ACs also had another good run to take a strong second place. It was encouraging to have five runners from the University of London OTC, running for our team to ensure a most satisfactory team win for Milocarian AC. Yolande Rowson of ULOTC was the first lady to finish.

Paul French
Cross Country Secretary

Individual Placings

Position	Name	Time	Club
1	Ady Whitwam	38.40	Milocarian AC
2	Tom Rann	40.25	Milocarian AC
3	Michael Huntley	40.55	Kingston & Poly AC
4	Fuaad Sadiq	41.12	Milocarian AC
5	Nick Barnett	42.07	Milocarian AC
6	Matt Hyett	42.15	Kingston & Poly AC
7	Matt Nunn	44.42	Milocarian AC
8	Andy Arbour	44.56	Kingston & Poly AC
9	Peter Wilkins	46.12	Kingston & Poly AC
10	Daniel Collis	46.42	Milocarian AC
11	Felix Keating	48.08	Milocarian AC
12	Rupert Bole	48.34	Kingston & Poly AC
13	I Choudhry	48.51	Milocarian AC
14	Yolande Rowson	50.44	Milocarian AC
15	Ian Ward	51.29	Milocarian AC
16	Nicky Atkins	56.09	Kingston & Poly AC
17	Caroline Jeffcote	112.29	Kingston & Poly AC

Team Result

Here is the team result with six counting:

Milocarian AC 1,2,4,5,7,10 = 29
Kingston & Poly AC 3,6,8,9,12,16 = 54

Below are 2 photographs of the Milocarian AC Runners:

