

Dated 28th May 2025

Alternate 5km/10km Competition	32/03 - 13/04		14/04 - 27/04		28/04 - 11/05		12/05 - 25/05		26/05 -08/06		09/06 - 22/06		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Tom Kirby	21:10	44	21:35	44	15:45	50	16:35	49					187
Obi Juan	21:45	42	20:20	47	20:44	46	20:40	48					183
Henry Cox	20:35	48	20:50	46	20:40	47	24:50	40					181
David Branfoot	21:40	43	21:25	45	22:35	42	16:30	50					180
Charlie Wood	21:55	41	22:40	40	22:45	40	20:45	47					168
Max Walker	20:35	48	19:05	50	27:30	24	21:55	46					168
Stephen Chapman	26:05	25	19:45	49	19:55	48	24:15	42					164
Andy Godden	23:35	36	22:30	41	21:50	45	25:00	36					158
Jo Foreshew	20:30	45	23:00	39	19:45	49	30:50	24					157
Gareth Venables	21:05	46	22:00	43	25:50	29	25:25	34					152
Dan Collis	23:40	35	24:10	37	23:50	36	23:50	43					151
James Kelly	24:15	34	23:35	38	23:15	37	24:50	40					149
Juliet Stevenson (F)	22:35	39	24:50	34	24:20	35	24:50	40					148
Anna Naylor (F)	26:40	24	26:15	30	21:55	44	24:45	41					139
Ellie Cole (F)	25:40	29	25:45	32	25:35	31	24:50	40					132
Hayley Perrin (F)	25:05	31	25:00	33	24:55	32	25:15	35					131
Andy Cotterill	21:55	41			22:45	40	22:35	44					125
Rob Poole			22:20	42	23:10	38	22:20	45					125
Annabel Brown (F)	24:30	33	30:35	24	28:45	20	25:30	33					110
Nick Wood	22:40	38	27:35	26	22:40	41							105
Rory Jordon	19:35	50	20:10	48									98
Yaqoub Imran	25:55	26	26:45	29	28:10	23	33:00	20					98
Hamish Waring	31:05	18	33:20	20	25:40	30	27:30	29					97
Eliza Wood (F)	28:45	20	27:30	27	28:20	20	27:40	28					95
Ingrid Brodersen (F)	25:20	30	25:50	31	26:10	28							89
Ted Hukins	28:45	20	28:25	25	31:20	17	28:10	27					89
Anthony Baker	25:45	27			26:15	27	25:55	31					85
Maxwell Cook	25:40	29	27:30	28	27:30	26							83
Amy Hoo (F)	31:40	17	31:45	22	31:25	16	29:30	25					80
Ian Ward	31:55	16	30:50	23	31:00	18	32:25	22					79
Nyree Scott (F)	32:20	15	36:15	18	36:15	15	32:55	21					69
Sam Breen	24:40	32	24:10	37									69
Felix Keating	26:45	23			21:55	44							67
Ashley Richards	26:45	23	32:45	21	28:20	22							66
Raife Padley					24:45	33	26:20	30					63
Elleanor Atwell (F)					27:05	25	29:10	26					51
Richard Adamson	41:00	14	24:10	37									51
Freddy Strachan	20:00	49											49
Thomas Thornhill					28:20	21	37:45	19					40
Nick Barnett-Johnston	22:50	37											37
Greg Charles					24:40	34							34
Rachel Herbert (F)							25:35	32					32
Faye Charlesworth (F)							32:05	23					23
Philip Bray	28:15	21											21
Sam Jones			33:20	19									19