

Milocarian Athletic Club Virtual Championship 2025(3) - All Runners 5 - In Conjunction with the STRAVA App													
Dated 31st August 2025													
Alternate 5km/10km Competition	22/06 - 06/07		07/07 - 20/07		21/07 - 03/08		04/08 - 17/08		18/08 - 31/08		01/09 - 14/09		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Tom Kirby	16:50	50	17:20	50	20:50	48	21:50	46	23:10	43			237
Dan Collis	17:00	49	23:40	39	21:50	45	17:40	50	18:30	49			232
David Branfoot	17:25	48	22:15	42	22:20	43	21:50	46	16:35	50			229
Felix Keating	21:40	45	21:00	46	22:40	41	21:20	48	21:30	47			227
Charlie Wood	21:50	44	21:55	44	21:00	47	22:00	44	21:40	46			225
Freddy Strachan	21:55	43	21:25	45	22:30	44	22:00	44	21:05	48			224
Rob Poole	21:35	46	22:00	43	21:20	46	25:10	36	21:45	45			216
Jo Foreshew	22:25	41	25:55	36	19:15	49	24:45	39	24:55	39			204
Andy Godden	23:40	38	22:30	41	24:40	39	24:25	40	24:55	39			197
Max Walker			17:50	49	17:55	50	20:00	49	22:45	44			192
Juliet Stevenson (F)	24:45	35	25:55	36	25:45	37	25:10	36	25:55	36			180
Stephen Chapman			19:50	48	24:05	40	21:45	47	23:45	41			176
Henry Cox	22:15	42			22:35	42	23:30	42	23:25	42			168
Anna Naylor (F)	25:55	31	29:35	28	26:40	33	26:35	31	25:50	37			160
Sam Breen	21:05	47	24:25	37	25:10	38	24:55	38					160
Anthony Baker	30:10	24	26:05	34	26:45	32	26:40	30	26:00	35			155
Eliza Wood (F)	27:40	27	26:05	34	27:10	31	27:20	29	29:20	30			151
Maxwell Cook	26:30	28	27:05	31	29:50	28	27:35	27	27:50	34			148
Annabel Brown (F)	23:40	38	42:10	22	29:05	29	28:40	25	31:30	25			139
Sophie Wadsworth (F)	23:30	39	27:20	30	26:30	34	29:10	24					127
Ian Ward	29:55	25	33:45	25	30:30	26	29:25	23	30:30	26			125
Amy Hoo (F)	30:25	23	31:10	26	31:20	25	31:15	22	31:45	24			120
Gareth Venables	25:50	32	27:35	29			25:10	36	32:20	23			120
Ingrid Brodersen (F)			23:40	39	26:25	35	26:20	32					106
Hamish Waring	29:25	26	30:00	27			34:05	21	30:05	28			102
Ted Hukins					25:45	37	28:10	26	28:30	32			95
Ellie Cole (F)	26:05	30			30:25	27	25:00	37					94
Elleanor Atwell (F)	25:20	33	26:10	32					30:05	28			93
Ashley Richards			34:45	23	28:10	30			28:50	31			84
Andy Cotterill	24:10	36	22:45	40									76
Jamie Kelly							25:20	33	24:30	40			73
James McLoughlin							24:20	41	44:30	22			63
Jo Wood (F)							27:20	29	29:20	30			59
Raife Padley	26:05	30	34:40	24									54
Rory Jordon			20:25	47									47
Obi Juan	22:50	40											40
Esme Hollick (F)									27:50	34			34