

Milocarian Athletic Club Virtual Championship 2025(3) - Men Runners 4 - In Conjunction with the STRAVA App													
Dated 17th August 2025													
Alternate 5km/10km Competition	22/06 - 06/07		07/07 - 20/07		21/07 - 03/08		04/08 - 17/08		18/08 - 31/08		01/09 - 14/09		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Tom Kirby	16:50	50	17:20	50	20:50	48	21:50	46					194
Dan Collis	17:00	49	23:40	39	21:50	45	17:40	50					183
Felix Keating	21:40	45	21:00	46	22:40	41	21:20	48					180
Charlie Wood	21:50	44	21:55	44	21:00	47	22:00	44					179
David Branfoot	17:25	48	22:15	42	22:20	43	21:50	46					179
Freddy Strachan	21:55	43	21:25	45	22:30	44	22:00	44					176
Rob Poole	21:35	46	22:00	43	21:20	46	25:10	36					171
Jo Foreshew	22:25	41	25:55	36	19:15	49	24:45	39					165
Sam Breen	21:05	47	24:25	37	25:10	38	24:55	38					160
Andy Godden	23:40	38	22:30	41	24:40	39	24:25	40					158
Max Walker			17:50	49	17:55	50	20:00	49					148
Stephen Chapman			19:50	48	24:05	40	21:45	47					135
Henry Cox	22:15	42			22:35	42	23:30	42					126
Anthony Baker	30:10	24	26:05	34	26:45	32	26:40	30					120
Maxwell Cook	26:30	28	27:05	31	29:50	28	27:35	27					114
Ian Ward	29:55	25	33:45	25	30:30	26	29:25	23					99
Gareth Venables	25:50	32	27:35	29			25:10	36					97
Andy Cotterill	24:10	36	22:45	40									76
Hamish Waring	29:25	26	30:00	27			34:05	21					74
Ted Hukins					25:45	37	28:10	26					63
Raife Padley	26:05	30	34:40	24									54
Ashley Richards			34:45	23	28:10	30							53
Rory Jordon			20:25	47									47
James McLoughlin							24:20	41					41
Obi Juan	22:50	40											40
Jamie Kelly							25:20	33					33