Milocarian Athletic Club Virtual Championship 2026(1) - All Runners 4 - In Conjunction with the STRAVA App

Dated 1st March 2026

Alternate 5km/10km Competition	05/01 - 18/01		19/01 - 01/02		02/02 - 15/02		16/02 - 01/03		02/03 - 15/03		16/03 - 29/03		Total
	5km		5km		5km		5km		5km		5km		
	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	Time	pts	
Tom Kirby	19:50	50	20:50	49	20:00	49	17:45	50					198
Dan Collis	20:15	49	19:15	50	20:00	49	19:00	49					197
Charlie Wood	20:50	47	20:55	47	20:50	45	19:25	47					186
Rory Jordon	21:05	46	22:05	44	18:35	50	20:25	46					186
David Branfoot	20:20	48	22:35	42	21:25	43	19:10	48					181
Henry Cox	23:15	43	21:25	45	20:30	46	21:35	42					176
Max Walker	21:35	45	21:00	46	21:15	44	23:15	39					174
Rob Poole	22:00	44	22:30	43	22:55	42	23:45	37					166
Nick Wood	23:30	41	24:15	39	23:05	41	21:10	44					165
Gareth Venables	27:00	33	23:50	40	23:10	40	21:20	43					156
Jo Foreshew	26:05	36	25:30	33	23:15	39	21:00	45					153
Andy Godden	23:25	42	24:20	38	27:05	27	24:20	35					142
Anna Naylor (F)	27:30	30	24:25	37	25:10	34	24:10	36					137
Juliet Stevenson (F)	26:50	34	25:10	34	25:15	33	24:40	34					135
Maxwell Cook	26:40	35	26:10	31	26:10	29	25:20	32					127
Anthony Baker	25:45	37	27:05	29	25:40	32	26:15	27					125
James Kelly	32:30	25	27:25	28	26:00	31	22:30	40					124
Eliza Wood (F)	27:20	31	28:40	26	24:55	35	26:05	28					120
Obi Juan	29:00	28	25:50	32	24:40	36	28:55	24					120
Ashley Richards	31:40	26	30:05	22	28:40	24	22:15	41					113
Sam Jones			25:00	36	24:35	37	26:00	29					102
Esme Hollick (F)	28:55	29	31:15	20	28:50	23	28:25	25					97
Ian Ward	32:55	24	28:55	25	30:00	22	27:50	26					97
Freddy Strachan			20:50	49	20:05	47							96
Ellie Cole (F)			26:35	30	26:05	30	25:25	31					91
Jamie McLoughlin	23:30	41	23:15	41									82
Elleanor Atwell (F)			29:00	24	27:35	26	28:55	24					74
Richard Adamson			25:00	36			23:20	38					74
Hayley Perrin (F)	23:55	39					24:45	33					72
Hamish Waring	29:25	27			33:15	21	29:50	20					68
Stephen Chapman	32:55	24			24:25	38							62
Annabel Brown (F)			28:00	27	26:45	28							55
Ted Hukins	27:10	32					29:35	21					53
Raife Padley					28:30	25	29:10	22					47
Thomas Thornhill	41:50	22	29:05	23									45
Amy Hoo (F)			31:55	19			34:15	19					38
Faye Charlesworth (F)			35:15	18	37:30	20							38
Ingrid Brodersen (F)	24:55	38											38
Alex Lane							25:55	30					30
Greg Charles			30:55	21									21