

The Runnymede Relays were held on 7th July in difficult 'heat wave conditions'. The three Milocarrian teams, ran very well to achieve positions of 3rd, 7th and 22nd of the 50 teams involved. Milocarrian AC were well supported; this was much appreciated. The A team moved up from 4th to 3rd place during the final stages which contributed much to the excitement of the day. Team prizes were awarded at the conclusion of the competition.

Special Congratulations to Lauren Hall and Tom Rann who were second over all in their respective short leg distances. All the Milos runners are commended on a good over all performance.

Best wishes

Paul

Runnymede Relays - Team Results 7th July 2018

Team No.	Team Name	Leg 1			Leg 2			Leg 3			Leg 4			Leg 5			Leg 6		
		Posn	Total Time	Split Time	Posn	Total Time	Split Time	Posn	Total Time	Split Time	Posn	Total Time	Split Time	Posn	Total Time	Split Time	Posn	Total Time	Split Time
37	Reading Roadrunners A	1	0:30:02	0:30:02	2	0:46:21	0:16:19	2	1:18:21	0:32:00	2	1:35:11	0:16:50	2	2:04:18	0:29:07	1	2:20:04	0:15:46
52	Datchet Dashers 1	2	0:30:58	0:30:58	1	0:45:57	0:14:59	1	1:17:40	0:31:43	1	1:33:44	0:16:04	1	2:04:14	0:30:30	2	2:20:54	0:16:40
6	Milocarrian A	4	0:32:00	0:32:00	4	0:48:13	0:16:13	4	1:21:31	0:33:18	4	1:37:09	0:15:38	3	2:08:49	0:31:40	3	2:25:43	0:16:54
1	Hart Road Runners Red	5	0:33:41	0:33:41	5	0:50:40	0:16:59	5	1:23:33	0:32:53	5	1:40:39	0:17:06	4	2:12:55	0:32:16	4	2:29:10	0:16:15
13	Sandhurst Joggers A	10	0:35:02	0:35:02	7	0:52:38	0:17:36	7	1:29:02	0:36:24	7	1:46:10	0:17:08	5	2:17:33	0:31:23	5	2:34:56	0:17:23
25	5 Men and a Lady	9	0:34:56	0:34:56	12	0:54:06	0:19:10	11	1:32:32	0:38:26	13	1:53:12	0:20:40	0?	?		6	2:36:19	?
7	Milocarrian B	8	0:34:40	0:34:40	6	0:52:01	0:17:21	6	1:28:19	0:36:18	6	1:44:39	0:16:20	6	2:21:09	0:36:30	7	2:38:28	0:17:19
2	Hart Road Runners Blue	13	0:36:15	0:36:15	11	0:53:56	0:17:41	10	1:32:06	0:38:10	9	1:49:44	0:17:38	7	2:25:10	0:35:26	8	2:43:10	0:18:00
33	Watford Joggers Dragonflies	3	0:31:21	0:31:21	3	0:47:47	0:16:26	3	1:20:21	0:32:34	3	1:36:48	0:16:27	9	2:29:29	0:52:41	9	2:45:51	0:16:22
5	Woking AC Ladies	14	0:36:32	0:36:32	16	0:55:25	0:18:53	9	1:31:31	0:36:06	10	1:51:12	0:19:41	8	2:27:08	0:35:56	10	2:46:42	0:19:34
43	Runnymede Runners Mens 1	6	0:34:06	0:34:06	9	0:53:21	0:19:15	8	1:31:22	0:38:01	8	1:49:38	0:18:16	10	2:29:54	0:40:16	11	2:47:23	0:17:29
53	Datchet Dashers 2	12	0:36:10	0:36:10	8	0:53:11	0:17:01	13	1:33:59	0:40:48	11	1:52:38	0:18:39	11	2:32:29	0:39:51	12	2:48:31	0:16:02
14	Sandhurst Joggers B	17	0:38:35	0:38:35	14	0:54:15	0:15:40	15	1:35:05	0:40:50	14	1:53:51	0:18:46	13	2:35:19	0:41:28	13	2:54:09	0:18:50
35	Reading Roadrunners R	11	0:35:03	0:35:03	13	0:54:10	0:19:07	14	1:34:12	0:40:02	15	1:54:36	0:20:24	15	2:38:12	0:43:36	15	2:56:13	0:18:01
10	Finchasers	30	0:43:33	0:43:33	31	1:07:31	0:23:58	22	1:41:50	0:34:19	20	2:01:07	0:19:17	12	2:33:57	0:32:50	16	2:57:02	0:23:05
49	Runnymede Runners Mixed 4	26	0:42:34	0:42:34	17	1:00:00	0:17:26	19	1:39:43	0:39:43	17	1:59:25	0:19:42	14	2:37:29	0:38:04	17	2:58:03	0:20:34
3	Hart Road Runners Green	31	0:43:44	0:43:44	22	1:04:05	0:20:21	20	1:41:19	0:37:14	19	2:00:23	0:19:04	17	2:39:54	0:39:31	18	2:59:51	0:19:57
55	Datchet Dashers 4	20	0:40:00	0:40:00	20	1:01:48	0:21:48	17	1:39:04	0:37:16	16	1:58:11	0:19:07	16	2:39:18	0:41:07	19	3:00:46	0:21:28
27	Windle Valley A	15	0:37:35	0:37:35	15	0:55:12	0:17:37	12	1:33:59	0:38:47	12	1:52:54	0:18:55	18	2:40:23	0:47:29	20	3:03:10	0:22:47
45	Runnymede Runners Ladies	24	0:41:43	0:41:43	24	1:04:18	0:22:35	28	1:49:25	0:45:07	28	2:12:29	0:23:04	25	2:53:04	0:40:35	21	3:06:24	0:13:20
8	Milocarrian C	7	0:34:23	0:34:23	10	0:53:36	0:19:13	24	1:42:36	0:49:00	25	2:04:43	0:22:07	19	2:44:00	0:39:17	22	3:08:07	0:24:07
56	Datchet Dashers 5	25	0:41:55	0:41:55	28	1:05:13	0:23:18	31	1:53:40	0:48:27	35	2:20:51	0:27:11	31	3:02:17	0:41:26			

57	Datchet Dashers 6	19	0:38:59	0:38:59	19	1:01:01	0:22:02	21	1:41:22	0:40:21	21	2:01:34	0:20:12	33	3:04:43	1:03:09		
58	Datchet Dashers 7	38	0:47:41	0:47:41	32	1:07:35	0:19:54	36	1:58:27	0:50:52	34	2:20:39	0:22:12	41	3:17:22	0:56:43		
15	Sandhurst Joggers C	21	0:40:06	0:40:06	18	1:00:30	0:20:24	25	1:42:59	0:42:29	26	2:06:53	0:23:54	21	2:51:26	0:44:33		
16	Sandhurst Joggers D	41	0:48:00	0:48:00	35	1:10:56	0:22:56	39	1:59:42	0:48:46	42	2:26:14	0:26:32	36	3:07:45	0:41:31		
17	Sandhurst Joggers E	37	0:46:53	0:46:53	34	1:09:49	0:22:56	32	1:54:35	0:44:46	32	2:17:57	0:23:22	34	3:06:15	0:48:18		
18	Sandhurst Joggers F	46	0:50:41	0:50:41	43	1:15:39	0:24:58	44	2:04:01	0:48:22	38	2:21:59	0:17:58	35	3:07:14	0:45:15		
19	Sandhurst Joggers G	35	0:45:49	0:45:49	37	1:11:58	0:26:09	37	1:58:34	0:46:36	39	2:22:17	0:23:43	38	3:09:14	0:46:57		
30	Watford Joggers Ants	18	0:38:43	0:38:43	29	1:05:34	0:26:51	33	1:56:32	0:50:58	40	2:22:28	0:25:56	28	2:59:02	0:36:34		
31	Watford Joggers Bees	16	0:37:57	0:37:57	33	1:09:38	0:31:41	30	1:51:54	0:42:16	33	2:19:17	0:27:23	40	3:10:15	0:50:58		
32	Watford Joggers Crickets	32	0:44:49	0:44:49	40	1:12:49	0:28:00	43	2:02:05	0:49:16	43	2:31:37	0:29:32	39	3:09:59	0:38:22		
4	Hart Road Runners Yellow	36	0:45:53	0:45:53	41	1:13:00	0:27:07	40	2:00:03	0:47:03	30	2:17:31	0:17:28	30	3:00:30	0:42:59		
26	Staines Strollers	23	0:41:20	0:41:20	30	1:05:56	0:24:36	18	1:39:15	0:33:19	18	2:00:08	0:20:53	20	2:46:18	0:46:10		
28	Windle Valley B	29	0:43:09	0:43:09	25	1:04:27	0:21:18	16	1:38:40	0:34:13	22	2:02:56	0:24:16	24	2:52:23	0:49:27		
29	Windle Valley C	39	0:47:50	0:47:50	36	1:11:32	0:23:42	35	1:56:59	0:45:27	37	2:21:59	0:25:00	43	3:22:50	1:00:51		
36	Reading Roadrunners E	34	0:45:41	0:45:41	27	1:05:07	0:19:26	23	1:42:30	0:37:23	23	2:03:33	0:21:03	29	3:00:26	0:56:53		
38	Reading Roadrunners D	40	0:47:56	0:47:56	39	1:12:25	0:24:29	42	2:00:33	0:48:08	45	2:37:35	0:37:02	0	0:00:00			
39	Reading Roadrunners I	43	0:49:11	0:49:11	0	0:00:00		47	2:08:45	2:08:45	47	2:39:32	0:30:47	42	3:21:03	0:41:31		
40	Reading Roadrunners N	44	0:49:52	0:49:52	44	1:17:19	0:27:27	45	2:07:27	0:50:08	49	2:43:01	0:35:34	0	0:00:00			
11	Burnham Joggers A	22	0:40:19	0:40:19	26	1:04:53	0:24:34	29	1:50:01	0:45:08	29	2:15:12	0:25:11	26	2:53:56	0:38:44		
23	Elmbridge RR 1	33	0:45:13	0:45:13	48	1:20:03	0:34:50	41	2:00:30	0:40:27	41	2:25:05	0:24:35	32	3:04:14	0:39:09		
9	Finchampions	28	0:43:08	0:43:08	23	1:04:07	0:20:59	26	1:44:21	0:40:14	24	2:04:04	0:19:43	22	2:51:57	0:47:53		
54	Team 3	42	0:48:03	0:48:03	38	1:12:08	0:24:05	34	1:56:41	0:44:33	36	2:21:50	0:25:09	37	3:08:22	0:46:32		
24	Elmbridge RR 2	47	0:51:57	0:51:57	42	1:13:42	0:21:45	38	1:59:05	0:45:23	31	2:17:43	0:18:38	27	2:56:53	0:39:10		
44	Runnymede Runners Mens 2	27	0:42:53	0:42:53	21	1:02:51	0:19:58	27	1:45:44	0:42:53	27	2:07:23	0:21:39	23	2:52:12	0:44:49		
46	Runnymede Runners Mixed 1	48	0:53:49	0:53:49	45	1:17:42	0:23:53	49	2:14:43	0:57:01	46	2:38:45	0:24:02	0	0:00:00			
47	Runnymede Runners Mixed 2	49	0:56:33	0:56:33	49	1:22:13	0:25:40	48	2:10:15	0:48:02	48	2:41:05	0:30:50	44	3:24:44	0:43:39		
48	Runnymede Runners Mixed 3	45	0:50:25	0:50:25	47	1:18:17	0:27:52	46	2:07:58	0:49:41	44	2:33:25	0:25:27	45	3:24:57	0:51:32		
50	Runnymede Runners Mixed 5	50	1:08:57	1:08:57	50	1:36:47	0:27:50	50	2:24:35	0:47:48	50	2:46:57	0:22:22	0	0:00:00			
4	Hart Road Runners Yellow	36	0:45:53	0:45:53	41	1:13:00	0:27:07	40	2:00:03	0:47:03	30	2:17:31	0:17:28	30	3:00:30	0:42:59		
15	Sandhurst Joggers C	21	0:40:06	0:40:06	18	1:00:30	0:20:24	25	1:42:59	0:42:29	26	2:06:53	0:23:54	21	2:51:26	0:44:33		
16	Sandhurst Joggers D	41	0:48:00	0:48:00	35	1:10:56	0:22:56	39	1:59:42	0:48:46	42	2:26:14	0:26:32	36	3:07:45	0:41:31		
17	Sandhurst Joggers E	37	0:46:53	0:46:53	34	1:09:49	0:22:56	32	1:54:35	0:44:46	32	2:17:57	0:23:22	34	3:06:15	0:48:18		
18	Sandhurst Joggers F	46	0:50:41	0:50:41	43	1:15:39	0:24:58	44	2:04:01	0:48:22	38	2:21:59	0:17:58	35	3:07:14	0:45:15		
19	Sandhurst Joggers G	35	0:45:49	0:45:49	37	1:11:58	0:26:09	37	1:58:34	0:46:36	39	2:22:17	0:23:43	38	3:09:14	0:46:57		
36	Reading Roadrunners E	34	0:45:41	0:45:41	27	1:05:07	0:19:26	23	1:42:30	0:37:23	23	2:03:33	0:21:03	29	3:00:26	0:56:53		